

City of Windcrest



AGENDA **CITY COUNCIL MEETING** **6:00 P.M.** **April 1, 2024**

CITY COUNCIL CHAMBERS @ 8601 MIDCROWN

CCM @ 6 P.M.

NOTICE IS HEREBY GIVEN THAT THE CITY OF WINDCREST CITY COUNCIL WILL HOLD A CITY COUNCIL MEETING AT WINDCREST CITY HALL LOCATED AT 8601 MIDCROWN, WINDCREST, TEXAS ON THE 1st DAY OF APRIL 2024, STARTING AT 6 P.M.

THE CITY COUNCIL RESERVES THE OPTION TO RECESS THE MEETING DURING THE EVENING OF APRIL 1, 2024, AND TO RECONVENE THE MEETING ON THE FOLLOWING BUSINESS DAY, APRIL 2, 2024, AT 9:00 A.M. AT THE WINDCREST CITY HALL, 8601 MIDCROWN, WINDCREST, TEXAS.

NOTICE OF ASSISTANCE AT THE PUBLIC MEETING

The City of Windcrest Council Chambers are wheelchair accessible, and accessible parking spaces are available. In compliance with Americans with Disabilities Act, the City of Windcrest will provide reasonable accommodations for persons attending the meeting. To better serve you, requests should be received 48 hours prior to the meeting. Please contact the City Secretary's Office, at 210-655-0022 ext. 2150 or Fax 210-655-8776, or 711 Texas Relay.

I. CALL TO ORDER

II. ROLL CALL

III. PLEDGE OF ALLEGIANCE AND INVOCATION

IV. CITIZENS TO BE HEARD/CITIZEN PARTICIPATION

- a) Citizens may address the City Council on topics not on the agenda for no more than three (3) minutes.
- b) Citizens shall also have the opportunity to address the City Council during consideration of posted agenda items for no more than six (6) minutes.
- c) A City Official may make a statement of specific factual information in response to an inquiry made by a member of the public, or a recitation of existing policy in response to an inquiry made by a member of the public.

THE FOLLOWING ITEMS MAY BE CONSIDERED AT ANY TIME DURING THE REGULAR COUNCIL MEETING:

V. DISCUSSION AND ACTION

- a) City Council will review, discuss, and may act approving a lease to own a Chevrolet Tahoe 4WD replacing Squad 187 in line with the FY23/FY28 Fleet Replacement Plan. [Rafael Castillo, Jr., City Manager]
- b) City Council will review, discuss, and may act approving the purchase of a Skeeter Mini Pumper, replacing Engine 187. [Rafel Castillo, Jr., City Manager]
- c) City Council will review, discuss and may act on an authorization of a grant application for the National Fitness Campaign grant. [Dan Reese, Mayor]
- d) City Council will receive an update and may have discussion on funding sources for community pool. [Marcus Yax, City Councilmember Place 4]
- e) City Council will receive an update and may have discussion on changes on the contract with the United States Post Office. [Rafael Castillo, Jr., City Manager]
- f) City Council will review, discuss, and may act on and amendments to the City of Windcrest Fiscal Year 2023/2024 Budget. [Rafael Castillo, Jr., City Manager]
- g) City Council will review, discuss, and may act on the City of Windcrest Proposed Fiscal Year 2024/2025 Budget. [Rafael Castillo, Jr., City Manager]

VI. EXECUTIVE SESSION

The City Council of the City of Windcrest reserves the right to adjourn into executive session at any time during course of the meeting to discuss any matter listed below:

- i. Pursuant to Govt. Code §551.087 for deliberation regarding economic development planning and §551.071 for consultation with attorney on the Master Economic Incentive Agreement on the ICP Rackspace property, and legal guidance associated with distribution of Rackspace payments.

VII. CITY MANAGER'S REPORT.

Any oral report provided by the city manager will be informational only and not for council action. The city manager may provide updates on community and upcoming city events, the status of the operation of individual departments, any unusual activity from any specific department which has occurred since the posting of the agenda, or to provide potential topics of discussion which may appear on a future agenda.

VIII. GENERAL ANNOUNCEMENTS & FUTURE AGENDA ITEMS REQUESTED

Per Ordinance No. 618, repealing Ordinance No. 593; Section 9: Every agenda shall include an item entry granting a member the opportunity to propose an item for consideration of future agendas for Regular or Special Meetings. Any member may request the inclusion of such items at any meeting.

IX. ADJOURNMENT

DECORUM REQUIRED: *Any disruptive behavior, including shouting or derogatory statements or comments may be ruled out of order by the Presiding Officer. Continuation of this type of behavior could result in a request by the Presiding Officer that the individual leave the meeting, and if refused, an order of removal.*

ACTION BY COUNCIL AUTHORIZED: *The City Council may vote and/or act upon any item within this Agenda. The Council reserves the right to retire into executive session concerning any of the items listed on this Agenda, pursuant to and in accordance with Texas Government Code § 551.072 (Deliberations about Real Property); § 551.073 (Deliberations about Gifts & Donations); § 551.076 (Deliberations about Security Devices); §551.087 (Economic Development); §551.074 (Personnel Matters) and, § 551.071 to seek the advice of its attorney about pending or contemplated litigation, settlement offer or on a matter in which the duty of the attorney to the governmental body under the Texas Disciplinary Rules of Professional Conduct of the State Bar of Texas conflict with the Open Meetings Act and may invoke this right where the City Attorney, the Mayor or a majority of the Governing Body deems an executive session is necessary to allow privileged consultation between the City Attorney and the governing body, if considered necessary and legally justified under the Open Meetings Act. The attorney may appear in person or appear in executive session by conference call in accordance with applicable state law.*

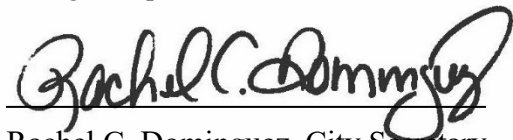
EXECUTIVE SESSIONS APPROVED BY CITY ATTORNEY: *This agenda has been reviewed and approved by the City's legal counsel and the presence of any subject in any Executive Session portion of the agenda constitutes a written interpretation of Texas Government Code Chapter 551 by legal counsel for the body and constitutes an opinion by the attorney that the items discussed therein may be legally discussed in the closed portion of the meeting considering available opinions of a court of record and opinions of the Texas Attorney General known to the attorney. This provision has been added to this agenda with the intent to meet all elements necessary to satisfy Texas Government Code Chapter 551.144(c) and the meeting is conducted by all participants in reliance on this opinion.*

ATTENDANCE BY OTHER ELECTED OR APPOINTED OFFICIALS:

It is anticipated that members of other city boards, commissions and committees may attend the meeting in numbers that may constitute a quorum of such other city boards, commissions, and committees, so that notice is hereby given that the meeting is also a meeting of the other city boards, commissions, and committees whose members are in attendance. The members of the other city boards, commissions and committees may participate in discussions which occur at the meeting, but no action will be taken by the other boards, commissions, and committees whose members are in attendance.

I, the undersigned authority, do hereby certify that the above Notice of Meeting of the City Council of the City of Windcrest is a true and correct copy of said Notice and was posted on the bulletin board at City Hall of said City in a convenient place to the public and said Notice was posted more than seventy-two (72) hours prior to the meeting on April 1, 2024.

BY:



Rachel C. Dominguez, City Secretary



CAMPAIGN BRIEFING

WELCOME





AMERICA'S LARGEST PUBLIC-PRIVATE WELLNESS PARTNERSHIP



CELEBRATING 500TH
Healthy Community this Year



NOW FUNDED
to welcome 1000 Healthy
Communities by 2025

CAMPAIGN MISSION: to Build Healthy Communities

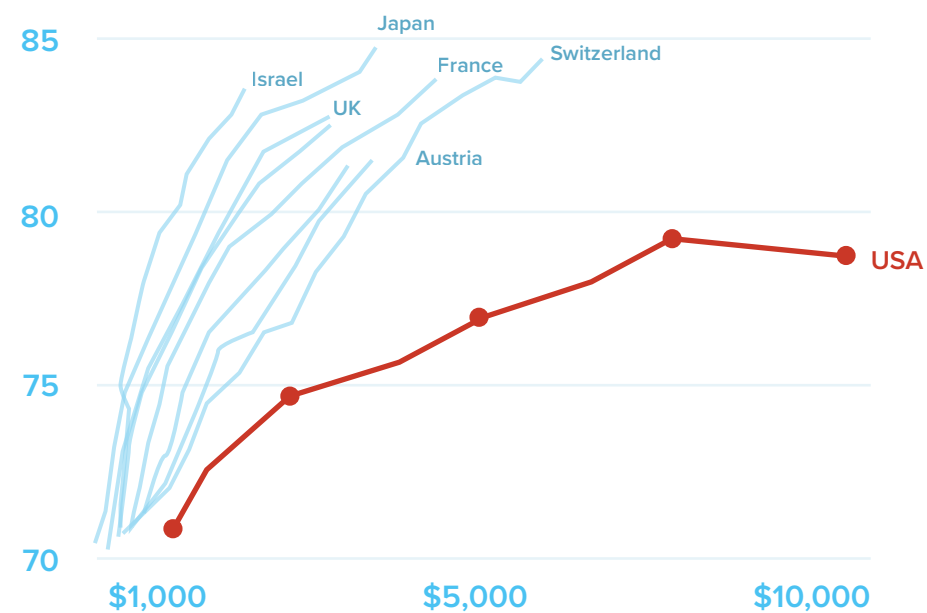


WHY THE CAMPAIGN DOES IT

TO MAKE WORLD CLASS FITNESS FREE



Life Expectancy vs Health Expenditure



UNDERSTANDING THE PROBLEM

AMERICA IS FACING A HEALTH CRISIS CAUSED BY SEDENTARY LIFE-
STYLES AND CITIES DESIGNED FOR CARS. USA SPENDS MORE MONEY
THAN ANY OTHER ON HEALTHCARE WITH POOR RESULTS.



BECOMING THE SOLUTION

WHEN COMMUNITIES ARE DESIGNED TO SUPPORT WELL-
BEING, HEALTH OUTCOMES CHANGE!



BROUGHT TO YOU BY





FITNESS COURT

HEALTHY INFRASTRUCTURE PLANNING

MULTI-SITE PLANNING FOR HEALTH IMPACT





WHAT THE CAMPAIGN DOES
A COMPREHENSIVE COMMUNITY WELLNESS PROGRAM

DESIGN & PLANNING

SPONSOR SUPPORT CAMPAIGN

GRANT FUNDING

INSTALLATION

LAUNCH & PRESS

PUBLIC ART

AMBASSADOR TRAINING

MOBILE APP





FITNESS COURT

WORLDS BEST OUTDOOR GYM



7 MOVEMENT FULL BODY WORKOUT
FUNCTIONAL TRAINING SYSTEM
DIGITALLY ACTIVATED | COACH IN YOUR POCKET



CORE



SQUAT



PUSH



LUNGE



PULL



AGILITY



BEND

NEW FOR 2024



FITNESS COURT
COMMUNITY WELLNESS HUB

STUDIO



COMMUNITY WELLNESS PROGRAMMING
WELCOMES ENTIRE COMMUNITY
MAYORS WELLNESS SERIES



HIIT



YOGA



ZUMBA



DANCE



STRETCH



KICKBOXING



TAI-CHI



FITNESS COURT | ART

EVERY FITNESS COURT IS A WORK OF ART



WORK WITH LOCAL ARTISTS
NFC DESIGN STUDIO



WORLD RENOWN ARTIST GALLERY
KEITH HARING | JEAN MICHEL BASQUIAT



CAMPAIGN IMPACT | NFC

BUILDING HEALTHY COMMUNITIES

1. BE A PART OF THE NATIONAL FITNESS CAMPAIGN

AMERICA'S LARGEST PUBLIC PRIVATE WELLNESS PARTNERSHIP

2. HEALTH BENEFITS

MORE TIME OUTDOORS, IMPROVED MENTAL & PHYSICAL WELLBEING

3. HEALTHY INFRASTRUCTURE

PLACES DESIGNED FOR PEOPLE NOT CARS

4. BUILDING COMMUNITY

CREATING A WELLNESS CULTURE THAT IS SOCIAL, CONNECTED AND FUN!

5. REDUCED HEALTHCARE COSTS

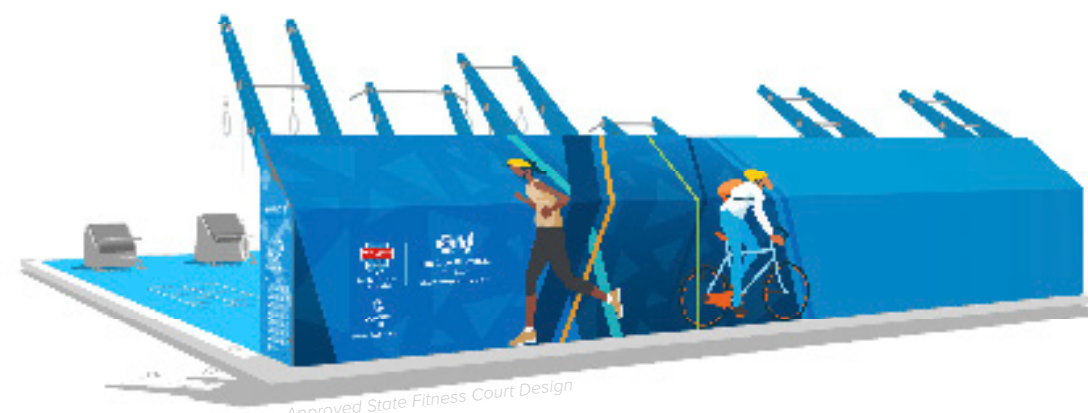
HEALTHIER, HAPPIER, PEOPLE





2024 TEXAS CAMPAIGN

PRESENTED BY



Strategic Plan Adopted for Health Impact Across State

Limited funding for 20 communities in 2024



\$1,000,000 in Funding Now Available
for Qualified Site Partners

NFC Grant Requirements

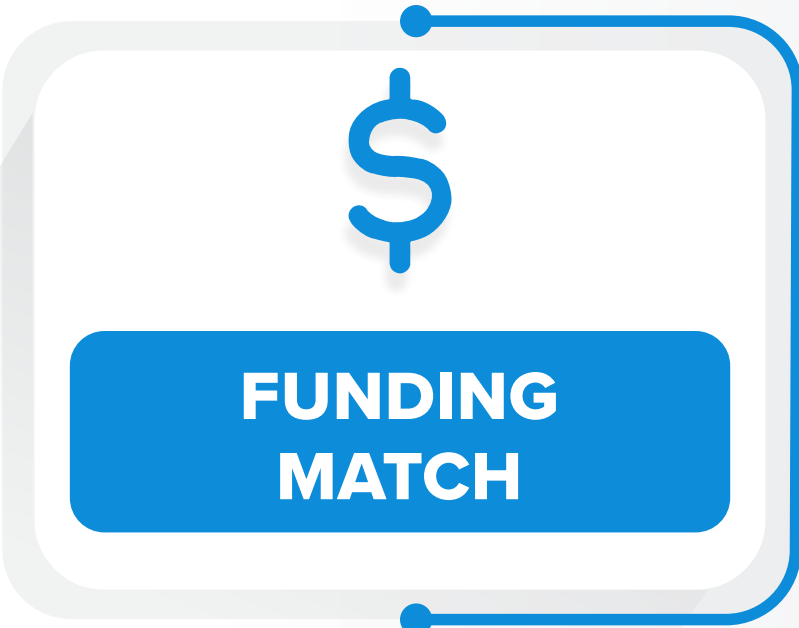
Program Qualification



STEP 1



STEP 2



STEP 3



STEP 4

JOIN THE CAMPAIGN



STEP 1

LEADERSHIP SUPPORT

*BUILD CONSENSUS / CONFIRM FEASIBILITY
MUNICIPAL LEADER SUPPORT*

SHARE 3 MINUTE VIDEO





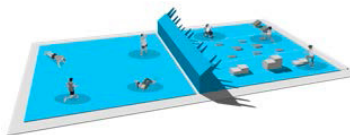
STEP 2
SITES WITH IMPACT

*IDENTIFY SITES THAT MEET CRITERIA
FOR FUNDING*

*HEALTHY INFRASTRUCTURE PLANNING
• VISIBLE • CONNECTED • ACCESSIBLE •*

**SUBMIT SITES FOR
CONSIDERATION**





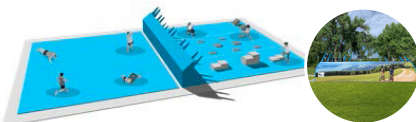
NFC PROGRAM FUNDING

The Fitness Court® Studio and National Campaign Services \$ 195,000

NFC Grant Funding Award (\$30,000-\$50,000)



Fitness Court® Studio Art Options: *(note: powder-coating color and included art design dependent on state sponsor)*



Design Studio Standard Art
Included



Local Artist
\$25,000

OPTIONAL

NFC PROGRAM TOTAL \$ 145,000-165,000

CONCRETE SLAB (FULL STUDIO DIMENSIONS 38X76) est.\$ 0-40,000

Can be performed in-house or in-kind

NFC APPROVED INSTALLER NETWORK INSTALLATION TEAM

Turn Key Fitness Court Assembly \$ 32,500
Art & Graphic Installation With Prevailing Wage Rates: \$34,500
Installation Partner *(separate agreement)*

INSTALLATION & CONCRETE TOTAL ESTIMATE \$ 32,500-72,500

FITNESS COURT STUDIO & INSTALLATION TOTAL
ESTIMATE AFTER \$50,000 GRANT FUNDING \$ 217,500*

**Assumes concrete pad costs of \$40,000 (national average) and includes Standard Art*



NFC PROGRAM FUNDING

The Fitness Court® and National Campaign Services \$ 160,000

NFC Grant Funding Award (\$30,000-\$50,000)



Art & Custom Color Options



NFC Standard
Included



NFC Design Studio
\$10,000



Local Artist
\$25,000



Featured Artist
\$35,000

OPTIONAL

NFC PROGRAM TOTAL \$ 110,000-130,000

CONCRETE SLAB est.\$ 0-20,000

Can be performed in-house or in-kind

NFC APPROVED INSTALLER NETWORK INSTALLATION TEAM

Turn Key Fitness Court Assembly \$ 25,000
Art & Graphic Installation With Prevailing Wage Rates: \$27,000
Installation Partner *(separate agreement)*

INSTALLATION & CONCRETE TOTAL ESTIMATE \$ 25,000-47,000

FITNESS COURT & INSTALLATION TOTAL
ESTIMATE AFTER \$50,000 GRANT FUNDING \$ 155,000*

**Assumes concrete pad costs of \$20,000 (national average) and includes Standard Art*

STEP 3



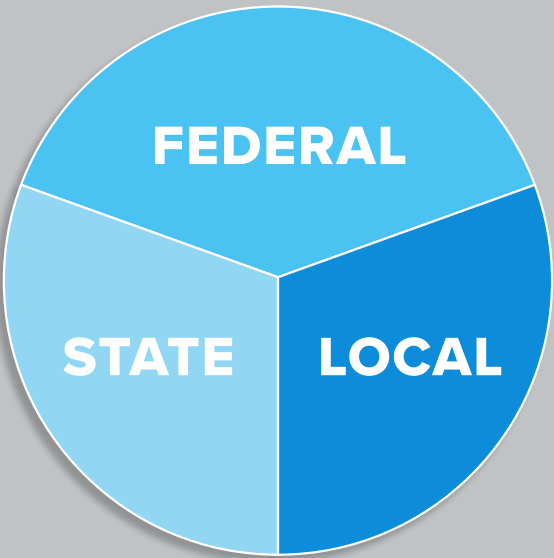
ALTERNATE FUNDING PATHWAYS

NFC CONSULTATIVE SUPPORT

Federal | State | Local | Regional

FUNDING PATHWAYS

FEDERAL AND STATE FUNDING



Expert funding consulting for eligible partners



LOCAL AND REGIONAL SPONSORS



STEP 4

GRANT QUALIFICATION PROCESS

PRE APPLICATION PHASE

- 1 Feasibility Review
- 2 Evaluation Call
- 3 Non-Binding Grant Application

AWARD PHASE

- 4 Award of Grant Eligibility *(First Come, First Served for Qualified Applicants)*
- 5 Local Adoption by Governing Body
- 6 Develop and Confirm Funding Match

LAUNCH PHASE

- 7 Shipment for Storage
- 8 Install Concrete Slab and Art Approval
- 9 Fitness Court Assembly
- 10 Press Launch Ceremony



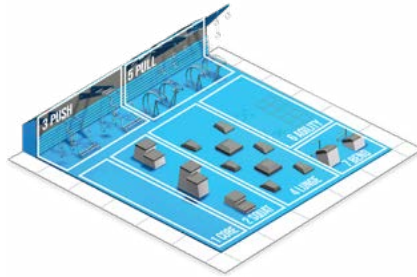
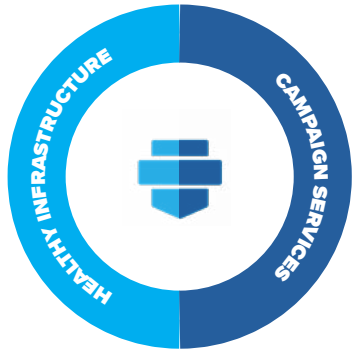
**CAMPAIGN LAUNCHES AND
FITNESS COURTS OPEN!**

**2024 GRANT
APPLICATION
PERIOD NOW OPEN**



Campaign seeking qualified applicants able to meet the 2024 time frame for adoption and local funding match.

NFC : COMPREHENSIVE PROGRAM CAMPAIGN SUMMARY



FITNESS COURT

21st Century Healthy Infrastructure

National Fitness Campaign's Fitness Court is the centerpiece to its holistic health and wellness initiative. The Fitness Court is an outdoor bodyweight circuit training center with functional fitness DNA. The best-in-class system provides a full-body workout to adults of all ability levels. With 7 functional fitness zones, the Fitness Court can be used in thousands of ways. The Fitness Court is the world's best outdoor gym!



7 Minutes 7 Movements



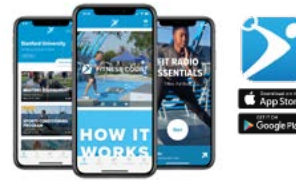
Strategic Planning Studies

Strategic Planning & Feasibility Study, Site Design Consulting



Campaign Funding Support

Sponsor Strategy, Best Practices, National Installation Team Support



Fitness Court App

Free digital App Delivering Programming, Workouts & Content



Ambassador Training

NFC Fitness Court Ambassador Training ACE Certified (*America Council of Exercise*)



Launch & Public Relations

Featured Stories Highlighted through Press and Local Media



Annual Fitness Season

Spring/Summer/Fall national & local training, classes & challenges series



WORLD-CLASS TRAINING

SPRING

World-class training videos will available on the Fitness Court App.



WORLD-CLASS TRAINING

SUMMER

World-class training videos will available on the Fitness Court App.



CHALLENGE SERIES

FALL

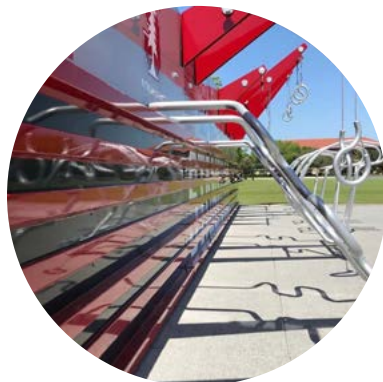
The Fitness Season culminates with local, regional and national challenges for residents.

Made & Manufactured in the USA

Designed by NFC in California.



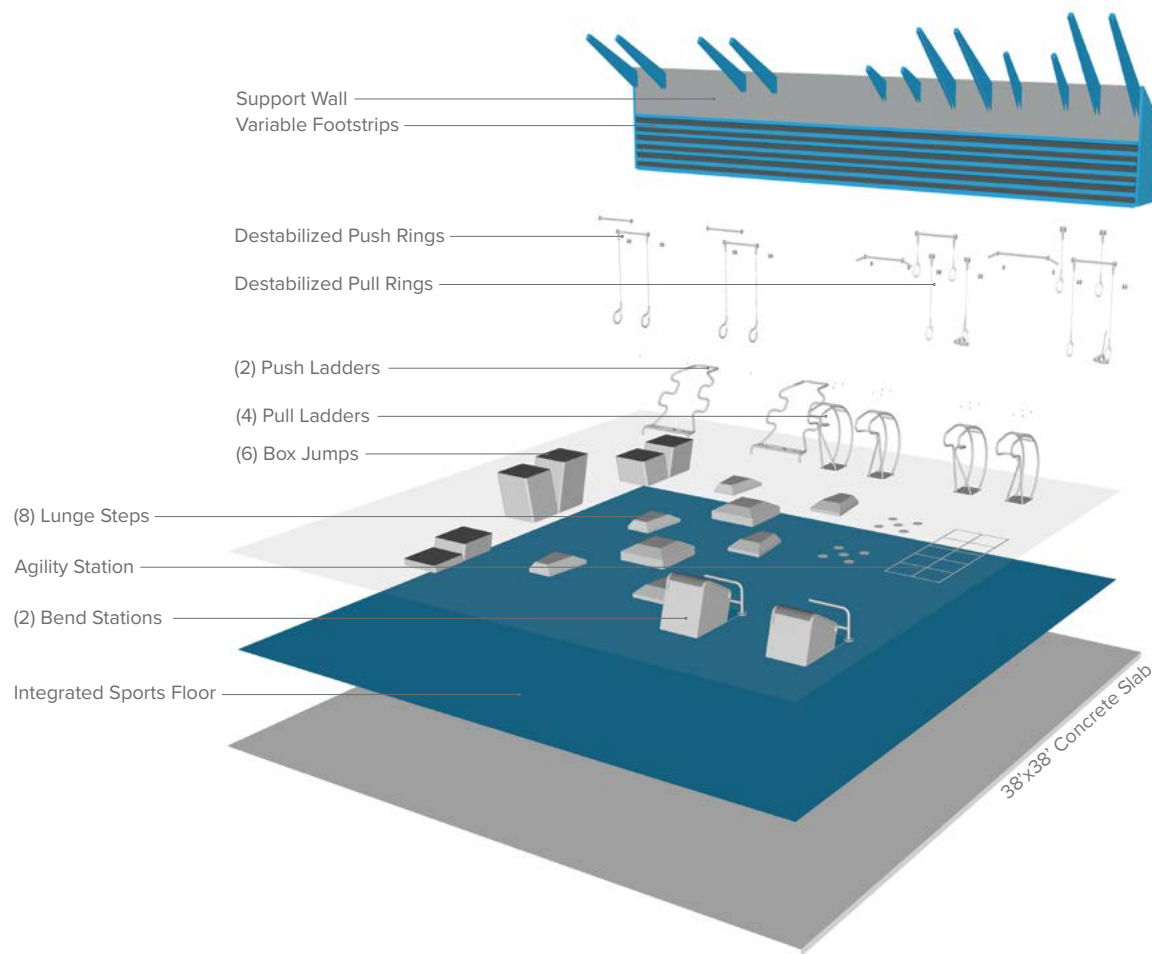
High Quality
 Dual-layer powder-coating
 carbon steel



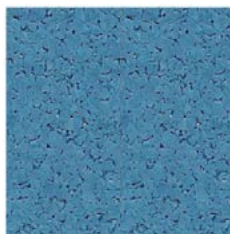
Durable Materials
 Tamper-resistant,
 galvanized & stainless
 steel bolts and fittings.



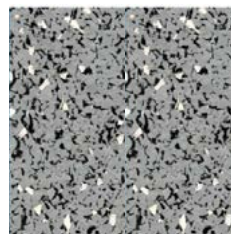
Best In Class
 Anti-graffiti laminate vinyl
 decals



Each Fitness Court® includes an integrated sports floor made from durable 2'x2' tiles which adhere directly to the concrete slab. Available in our standard NFC Blue or Grey to match any custom design.



Top (Blue Option)



Top (Grey Option)



Bottom



Reducer with Tile



Reducer



2023 PROGRAM SUMMARY: All items and services below are delivered to approved partners as part of the 2023 Campaign.

HEALTHY INFRASTRUCTURE

FITNESS COURT®

Fitness Court® Description:

32'x35' outdoor bodyweight circuit training system with the following components:

- Seven station circuit training system providing full-body workout modules
- Fitness Court body-weight training wall - 32'W x 2'D x 6' H with custom graphics
- Thirty pieces of body-weight fitness elements for simultaneous use by 28 users at one time. Fitness Elements anchored and grouped within seven stations.
- Bolts, attachments and anchors required for installation

Fitness Court Surface - Tile Surface Specifications

- Outdoor Sports Floor Size: 1,024 SF (32'x32')
- Color: NFC Blue
- Thickness: 1" Tiles
- ADA Border Included

Fitness Court Specifications:

- All structural components are made from high-grade carbon steel
- Structural components receive high-grade dual layer powder coating
- All cladding (skins) made from high-grade aluminum and powder coated
- Graphics and signage printed with anti-graffiti over-lamination material
- Manufactured in the United States
- Resilient to heavy, repeated daily use
- Over 30 individual pieces of equipment
- Powder-Coated Structural Components
- Galvanized fittings and bolts - *included*
- Stainless steel cables
- Full installation guide provided
- Warranty through NFC

HEALTHY INFRASTRUCTURE DESIGN SERVICES

Strategic Planning & Feasibility Study

- City-wide impact analysis and master plan integration plan
- Site Design and Visibility Analysis

Custom Fitness Court Design Services & Construction & Installation Support

- Customized Fitness Court powder-coating and decal design - no two Fitness Courts are the same!
- stamped and certified design plans, concrete slab drawings, and contractor management are provided by the NFC Activation Team.
- With all ready-to-build plans included, most installations require less than 90 days to complete from ground-breaking to launch.
- NFC National Installation Partner Access - EIS (contracted separately)

GRANT FUNDING, CONSENSUS BUILDING, SPONSOR SUPPORT

NFC Grant Funding Qualification

- Access to qualify for NFC's Grant Funding through NFC's national partners to support seeding the program.

Consensus Building Consulting

- NFC has industry experts in project management, and from conception through execution, they will collaborate on an average of 2 intensive monthly planning calls to drive success.

Sponsor Strategy Consulting Support

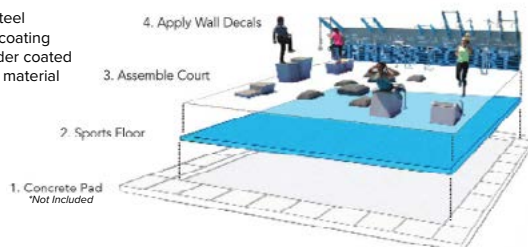
- Up to 10 custom renderings provided by NFC Design Team to support outreach to local sponsors and partners. Up to 5 custom slide presentations provided for in-person meetings and internal stakeholder consensus-building.



Warranty + Maintenance

- Made for all climates
- Almost no moving parts (only cables)
- Equipment is anchor bolted into concrete
- Replacement parts available through NFC
- No requirement for disassembly in winter
- Maintenance guide, including touch-up paint & necessary tooling included

See Official Warranty for Full Coverage Detail



CAMPAIGN SERVICES

FITNESS COURT® APP

The Fitness Court App

Free mobile app for iOS / Android teaches proper use, routines and challenges to all users

- **Classes:** schedule, run and track attendance using the Fitness Court App back-end scheduling tool, providing live class management through the OnSched platform. Training and basic setup provided by NFC within 30 days of launch event.
- **Learn:** video guides deliver workouts, and teach the basics for beginners on the Fitness Court. New content released quarterly, and updated by NFC National Training Team.
- **Train:** individual audio guides. New content released quarterly, updated by NFC National Training Team.
- **Challenge:** competitive tracking allows users to participate in timed, scored challenges, with an option to submit their scores to a national Leaderboard. Acts as a regional and national event qualification tool.

CERTIFIED AMBASSADOR TRAINING

Programming and Training Tools

Fitness Court Ambassadors build and sustain a healthy culture around the Fitness Court ecosystem

- **Learn:** education modules provided by the NFC Training Team are eligible for a range of industry certifications, are offered both in-person and remote, and provide a range of class templates, coaching tips and more to qualified Ambassadors. Partnership includes program vouchers for up to 12 individual Ambassadors per Fitness Court, individually eligible for up to 3 continuing education credits (CECs), approved through the American Council on Exercise (ACE).
- **Train:** classes, clinics and challenges become the building blocks of a Fitness Season, led by Ambassadors, that engage all ages and fitness levels. These guided workout options expand the user community and increase long-term usage and adoption.
- **Share:** continuous online and print storytelling, engagement and social connection further build out a healthy culture on each Fitness Court. Up to five local Ambassadors are eligible to attend an in-person regional training event of their choice in 2023. **Regional training schedule provided May 2023*

MEDIA, PRESS, & PROMOTIONS

Promotions and Marketing Package

Media support and community engagement materials excite users and strengthen program adoption

- **Custom Grant Announcement Kit:** promote the development of the program in your community with NFC support through traditional and social media channels - including a custom Press Release, site rendering, and outreach planning tools.
- **Launch Event Promotions Toolkit:** announce the launch of the Fitness Court on traditional media channels with a separate customized press release, outreach support and uniquely branded assets for social media.
- **NFC Website Feature Story:** NFC-hosted custom storytelling showcases the partnership and program development in your community.
- **Fitness Court Gear:** minimum \$750 credit towards the official NFC gear store - gear and giveaways (provided in part by national Campaign sponsor, Badger Sport®) nurture Ambassador relationships, honor stakeholders and excite event attendees, to amplify launch activities.
- **Opening Day Launch Support:** NFC provides event management templates, guidance for launch event planning, and custom promotional materials (flyers, media assets).

FITNESS SEASON 2023

Annual Activation Series: 2023 Fitness Season

Bring the Latest Events & Programs to Your Fitness Court® this Year!

- Spring 2023 : 18 new workout routines & video tutorials introduced to the Fitness Court App, featuring pro trainer, Mark Lauren.
- Summer 2023: Classes and Clinics support ongoing programming for group exercise and app-based class
- Fall 2023: Challenge series builds competition & strengthens community. Marks the success of year's activation program for all users.
- Healthy Infrastructure Awards: annual recognition program highlighting exceptional partners and leaders nationwide, winners receive custom awards, decals and press support to announce





FITNESS COURT

IMPACT REPORT

2023 TEXAS STATE SPONSOR CAMPAIGN



BlueCross BlueShield
of Texas





BROUGHT TO YOU BY





Part 1
NFC Campaign Status



WE BUILD HEALTHY COMMUNITIES



WE BUILD HEALTHY COMMUNITIES

NFC Mission and Why it Matters

Problem

Nationwide Obesity

New CDC data shows the prevalence of obesity shot up across all states in 2022 with every state and territory now having obesity levels over 20%. Twenty-two states recorded more than 35% of their populations are obese, up from 0 states a decade ago. Dr. Karen Hacker, director of the National Center for Chronic Disease Prevention and Health Promotion, says the solution is no secret. *“We know the key strategies that work include addressing the underlying social determinants of health such as access to healthcare, healthy and affordable food, and safe places for physical activity.”*



Solution

Outdoor Healthy Infrastructure

The momentum is growing to use the built environment to chip away at the current health crisis by expanding the number of parks and miles of trails to draw more people out of their cars. With a focus on wellness planning, National Fitness Campaign designs Fitness Courts® as healthy hubs in parks and along trails that promote pedestrian access in cities and schools creating a lasting wellness culture.



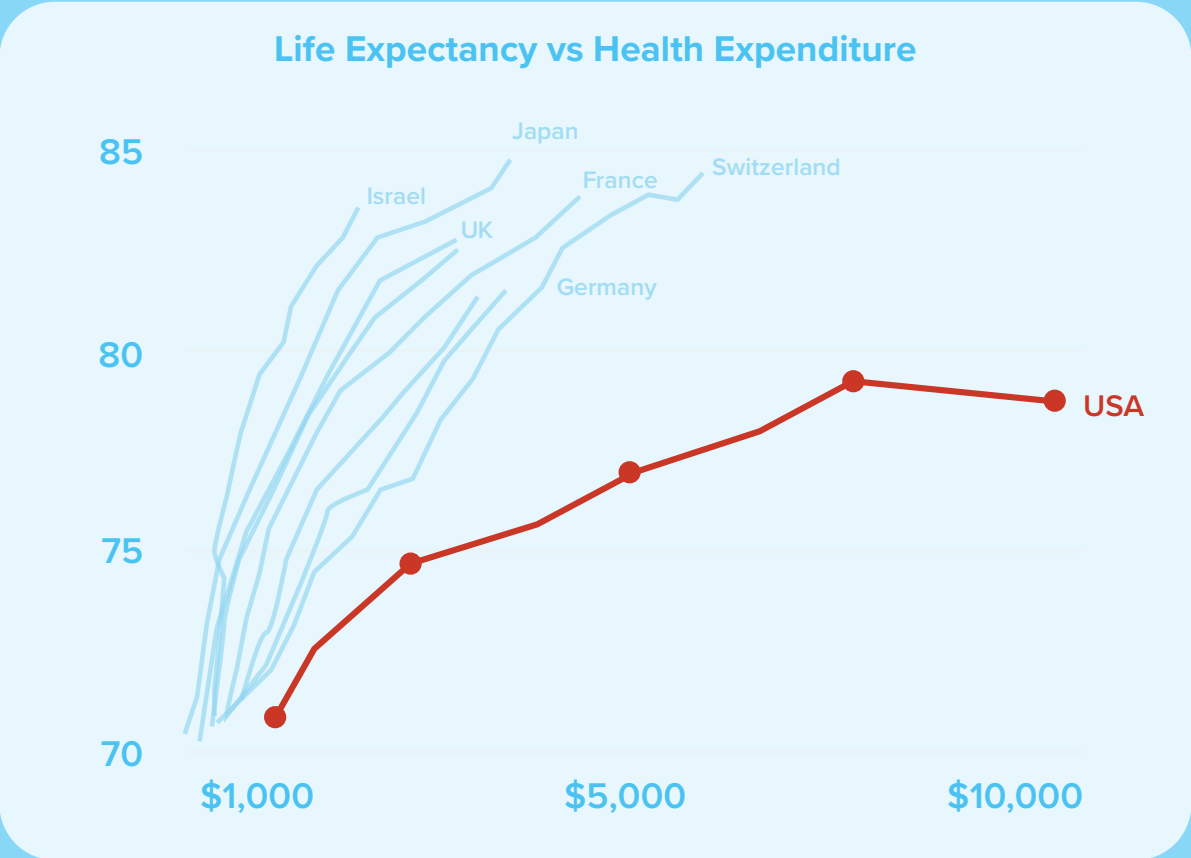
Physical inactivity costs health systems \$27 billion a year, and by 2030, \$300 billion.

World Health Organization, 2022



Daily movement outside makes us healthier and happier!

National Library of Medicine



Modified chart from ourwouldindata.org



Part 2
State Progress

\$4M

Invested in
Healthy Infrastructure
across state in 2023

440+

Stakeholder
Connections
in 2023

41

Total Open
Fitness Courts®
Across the State



LEADERS ACROSS TEXAS

Featured Officials in the State Campaign



Caldwell, TX
Mayor Janice Easter



Baytown, TX
Mayor Brandon Capetillo



Cuero, TX
Mayor Sara Meyer



Katy, TX
Mayor William "Dusty" Thiele



UT Dallas
Dr. Rafael Martin
VP & Chief of Staff



Pecos, TX
Mayor Teresa Winkles



Texarkana, TX
Mayor Bob Bruggeman



La Feria, TX
Mayor Olga Maldonado



Mayor Teresa Winkles
Pecos, TX

LEADERS ACROSS TEXAS

Featured Officials in the State Campaign



Everman, TX

Mayor Ray Richardson



White Settlement, TX

Mayor Pro Tem Amber Munoz



White Settlement, TX

City Manager Jeff James



Anna, TX

Mayor Nate Pike



Roanoke, TX

Mayor Scooter Gierisch



Sweetwater, TX

Mayor Jim McKenzie



Eagle Lake, TX

Mayor Tim Kelly



Cinco Ranch II, TX

Chester Pleasant, CSW MUD



Cinco Ranch II, TX

President Jack McClure, CSW MUD



UT Dallas

Tricia Losavio
Univeristy of Rec Director



La Feria, TX

City ManagerJaime Sandoval



Sweetwater, TX

City Manager David Vela



OVERALL STATE ACCESSIBILITY

Combined Blue Cross and Blue Shield of Texas
and NFC Fitness Court Network Stats

Totaling 41 Sites



BlueCross BlueShield
of Texas

FITNESS COURTS®



803,812

Total Population Served
by a 10 Minute Bike Ride

of total Fitness Courts® (41) open across the state of TX

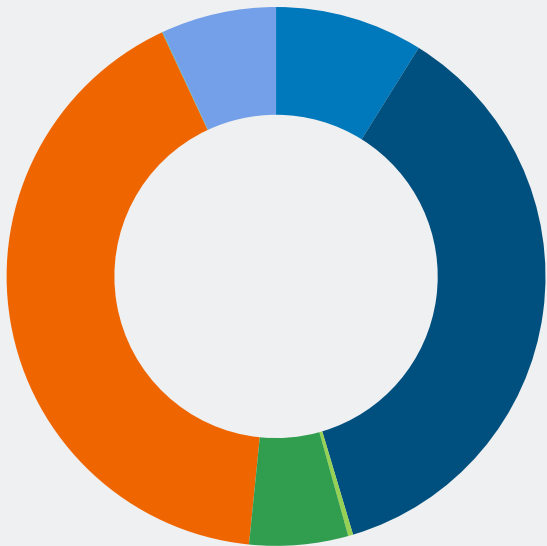


35,748

Total Population Served
by a 10 Minute Walk

of total Fitness Courts® (41) open across the state of TX

Ethnicity Breakdown of Population Served
by a 10 min bike ride across 41 Fitness Courts in the state



- Black / African American
- White
- American Indian / Native American
- Asian
- Hispanic / Latino
- Native Hawaiian / Pacific Islander
- Other Race

Demographic breakdown sourced from Census Bureau's American Community Survey (ACS)



Part 3
Value Delivery

134,500,000

Estimated Calories Burned a Year
Across TX Network 2023

538,000

Estimated Annual Uses
Across TX Network 2023

43

Fitness Court®
Ambassadors
Added This Year





FITNESS COURTS®



RELATIONSHIPS

With Municipal and Higher Education Leaders

Health impact starts at the local level. It begins by investing in relationships with mayors, civic and educational leaders, and hearing what their communities need in order for residents to thrive and achieve optimal health to live their healthiest lives. With multiple local sponsors across site partners in 2023, relationships have been built with leaders to deliver free, accessible outdoor wellness programming to communities across the state.





FITNESS COURTS®



University of Texas Dallas

VISIBILITY

Uniting Wellness and the Arts Across the State

Each Fitness Court® is a work of art. The statewide public art campaign provides long lasting visibility in vibrant public spaces with art murals. State Sponsors across the country are joining in this effort to deliver inspirational murals with the additional dimension of art to the Fitness Courts®, uniting and inspiring local communities. Local communities that choose the public art component offer a unique cultural storytelling opportunity through the Fitness Court®, providing an inspiring and aesthetically pleasing wellness space.





Part 4

Featured Stories



Education Spotlight
University of Texas at Dallas



Launch Spotlight
Texarkana



Ambassador Spotlight
Coach Nicole Angelica





Education Spotlight

University of Texas at Dallas

ABOUT THE UNIVERSITY

In early May, the Blue Cross and Blue Shield of Texas (BCBSTX) campaign welcomed not only its first higher education partner in the University of Texas at Dallas (UT Dallas) but also the first Fitness Court® Studio in the state.

Located near the University’s Recreation Center, the Fitness Court® Studio now serves as an outdoor wellness hub for nearly 34,000 students, faculty and staff. It is within walking or cycling distance to nearly 55,000 local residents and is conveniently located right next to a high traffic walking path, along a bus route and adjacent to a large parking lot.

University Recreation (UREC) offers a comprehensive fitness and wellness program including group fitness classes, personal training and goal setting. Now with the addition of the Fitness Court® Studio, UREC is incorporating both circuit classes as well as yoga, Pilates, Zumba and Stretch and Restore into their group fitness offerings. Community members can purchase day passes to group classes or can download the free Fitness Court App for a coach-in-your-pocket experience at the UT Dallas Fitness Court® Studio.

Our student population has increased significantly in the last 10 years, leaving UREC in need of new space. Since expansion isn’t an option at this time, we looked for something creative like the Fitness Court® for students to use outside.

- Tricia Losavio
Director of UT Dallas UREC

Nearly 50 students, alumni, faculty and staff came out to celebrate the launch event. Attendees heard remarks from the Vice President and Chief of Staff at UT Dallas, Dr. Rafael Martín, Dr. Mark Chassay, Vice President and Chief Medical Officer of BCBSTX, and Dr. Laura Smith, Associate Dean of Students at UT Dallas. The UT Dallas mascot Temoc and Blue Bear from BCBSTX revved up the crowd during the Fitness Court demonstrations and Stretch and Restore class, which featured UREC personal trainers. The launch event took place during Stressbusters week, a collection of UT Dallas events to relieve anxiety as students study for finals. The university plans to add a shade structure and outdoor lighting for extended usage and was featured in both Campus Rec Magazine and the Dallas News on their new innovative partnership with BCBSTX and National Fitness Campaign, providing a new wellness hub for the campus community and greater public.





Launch Spotlight

Texarkana - Spring Lake Park

ABOUT THE LAUNCH

Right along the Texas-Arkansas border, sits the City of Texarkana with a population of roughly 36,000. On March 7th at Spring Lake Park, the city joined the Blue Cross and Blue Shield of Texas (BCBSTX) wellness campaign with nearly 50 community residents in attendance to celebrate the momentous occasion.

Mayor Bob Bruggeman, Parks and Recreation Director Robby Robertson, Jennifer Harland from the American Electric Power (AEP) Foundation and Robyn Weatherby, Director, Enterprise National Accounts for BCBSTX provided remarks to the crowd to kick off the event.

Following the official ribbon-cutting, representatives from the Texarkana Police Department, Texarkana Fire Department and Texarkana Parks and Recreation demonstrated all seven stations of the Fitness Court® at varying levels of difficulty to show that anyone, no matter if you are a beginner or an advanced athlete, can use the Fitness Court®.

“This Fitness Court® is an excellent addition to Spring Lake Park which will provide an additional resource for our residents,” said City Manager David Orr in an interview with local TV news. The launch event generated 10 news hits across TV, radio and print outlets.

It was an honor today to represent Blue Cross and Blue Shield of Texas as we partner with National Fitness Campaign to bring access to outdoor workouts to the City of Texarkana and 19 other communities throughout Texas.

- Robyn Weatherby
Director, Enterprise National Accounts
for Blue Cross and Blue Shield of Texas

The launch in Texarkana put a spotlight on collaborative partnerships between the public and private sector to help bring free, accessible wellness to the local community. “The Foundation strives to improve the quality of life for people in the communities where AEP has the privilege of serving,” said Jennifer Harland, Director of External Affairs of AEP Foundation. “Access to high-quality workouts and equitable access to exercise for our communities is critical for the health and well-being of all.”

Since the launch event in the spring, the public response has been overwhelmingly positive. Residents and visitors love the Fitness Court® and how it ties in well with the trail around the lake – it’s the perfect location to get in a quick or extended workout.





Ambassador Spotlight

Countywide Ambassador - Coach Nicole Angelica

ABOUT NICOLE

Coach Angelica is one of the state's leading ambassadors who supports two Fitness Courts® across Harris and Fort Bend Counties. Coach Angelica plans to run continued programming across the Fitness Courts® in 2024.

Founder of Wake Up Wellness and Fitness Manager at BODYBAR Pilates in Katy, TX, Coach Nicole Angelica was excited to hear about the campaign coming to the City of Katy.

As a NASM Certified Personal Trainer and Group Personal Training Specialist, Coach Angelica also holds online specific certifications for fitness and nutrition coaching. As the founder of Wake Up Wellness, her mission is to provide a community for busy women ready to get their priorities straight so they can reach their wellness goals.

After connecting with the City of Katy, Coach Angelica participated in both the Katy and Cinco

Southwest launch events this year as the official Fitness Court® Ambassador. She provided demonstrations of all seven stations on the Fitness Court for both communities who launched their Fitness Court® and wellness programming within three months of each other.

I am an online fitness and nutrition coach and have also been a group fitness instructor for over 7 years. I love bringing people in the community together to build relationships while getting in some movement. I look forward to utilizing the Fitness Court® space to incorporate the seven stations into outdoor workouts and bring visibility of this unique park feature to our city.

- Coach Nicole Angelica
City of Katy, TX





FITNESS COURT

IMPACT REPORT

2023 TEXAS STATE SPONSOR CAMPAIGN



NATIONAL FITNESS CAMPAIGN

nationalfitnesscampaign.com • info@nfchq.com • 415.702.4919

San Francisco, USA



BLUE CROSS AND BLUE SHIELD OF TEXAS

bcbstx.com • 800.942.0954

Texas, USA

General Fund Items to consider FY 23-24				
Item(s)	Requested Items FY 23-24	25% Restricted Reserve (City Charter)	Total Expense	Approved Items FY 23-24
Personnel Expenditures				
-Applied for a Safer Grant for 8 personal for FY 23/24. If unable to get the Grant then we are requesting 3 FF for 23/24, 24/25 and then 2 FF for 25/26. This will get us to 5 FF per shift	\$ 212,839.98	\$ 53,210.00	\$ 266,049.98	
Total Personnel Cost	\$ 212,839.98	\$ 53,210.00	\$ 266,049.98	\$ -
Operating Expenditures				
- Shirts (2pc) per Admin staff members for City events and conferences	\$ 500.00	\$ 125.00	\$ 625.00	
- Shirts and name badges for the City Boards and Commission members less EDC and WCCPD	\$ 2,000.00	\$ 500.00	\$ 2,500.00	
Total Operating Expenditures	\$ 2,500.00	\$ 625.00	\$ 3,125.00	\$ -
Capital Expenditures*				
Admin Capital				
- City Hall Office and Directional signage, Door signage to include Braille	\$ 75,000.00		\$ 75,000.00	
- City Gateway signage and landscaping (4 signs)	\$ 150,000.00		\$ 150,000.00	
- Digital Electronic Signage Midcrown & Jim Seal Dr.	\$ 74,000.00	\$ -	\$ 74,000.00	
Total Admin	\$ 299,000.00	\$ -	\$ 299,000.00	\$ -
Police Capital				
- Parks cameras and Safety Video Products, Condor	\$ 37,500.00		\$ 37,500.00	
- Parks cameras and Safety Video Products, Falcon	\$ 49,350.00		\$ 49,350.00	
Total Court	\$ 86,850.00	\$ -	\$ 86,850.00	\$ -
FD Capital				
-Remove existing ceiling and Change lighting to LED	\$ 52,000.00		\$ 52,000.00	
-Replace Engine 187 Bravo- 2026 will meet its lifespan	\$ 450,000.00	\$ -	\$ 450,000.00	
-Replace Bunker Gear and ensure each Firefighter had two sets of gear	\$ 38,000.00		\$ 38,000.00	
Total FD	\$ 540,000.00	\$ -	\$ 540,000.00	
Court Capital				
- Chevy Tahoe to replace Unit 402 (2014)	\$ 69,100.00		\$ 69,100.00	
Total Court	\$ 69,100.00	\$ -	\$ 69,100.00	\$ -
PW Capital				
- FY 2022-2023. Concrete Pad behind Maintenance building - \$62,517.00	\$ 62,517.00	\$ -	\$ 62,517.00	
-Truck F250	\$ 59,645.00		\$ 59,645.00	
-FY 2022-2023. 2021 Broce Broom-260	\$ 48,200.00	\$ -	\$ 48,200.00	
Total PW	\$ 170,362.00	\$ -	\$ 170,362.00	\$ -
P&R Capital				
-Park equipment, Playground at Takas Park.	\$ 116,000.00		\$ 116,000.00	
-Water Righths	\$ 100,000.00		\$ 100,000.00	
Total P&R Capital	\$ 216,000.00	\$ -	\$ 216,000.00	\$ -
Animal Control				
-2023 Chevrolet Express Van	\$ 79,700.00		\$ 79,700.00	
Total Animal Control	\$ 79,700.00	\$ -	\$ 79,700.00	\$ -
Finance Capital				
-Incode 10 Upgrade	\$ 90,000.00		\$ 90,000.00	
Total Finance	\$ 90,000.00	\$ -	\$ 90,000.00	\$ -
Post Office				
-Renovation of Post Office	\$ 75,000.00	\$ -	\$ 75,000.00	
Total Post Office	\$ 75,000.00	\$ -	\$ 75,000.00	
Total	\$ 1,841,351.98	\$ 53,835.00	\$ 1,895,186.98	\$ -

Available Unrestricted Fund Balance (FY Ending Fund Balance -(minus) 25% Restricted Fund Balance)	2,060,474.00
---	--------------

* Capital Expenditures does not require a 25% fund balance reserve.

Projected General Fund Fund Balance as of September 18, 2023 (Adopted Budget)	\$ 4,617,368.00	Attachment A
Actual General Fund Fund Balance as of February 1, 2024 (FY 22-23 Audit)	\$ 4,981,520.00	Attachment B
Difference (Additional funds were added to the projected FY 22-23 General Fund Fund Balance)	\$ 364,152.00	

General Fund Summary

City of Windcrest
General Fund Summary by Department
Fiscal Year 2022-2023, 2023-2024

	A	B	C	D	E	F
		FY 2022-23 1st				
	FY 2022-23	Quarter	FY 2022-23	FY 23-24		
	Approved Budget	Amended Budget	Projected Year End	Requested	\$ Change	% Change
General Fund						
Total Fund Balance	5,358,971	5,358,971 (1A)	5,358,971	4,617,368		
Assigned Fund Balance	=	=	=	=		
Unrestricted Fund Balance		5,358,971	5,358,971	4,617,368		
Revenues	9,193,853	9,193,853	9,612,156	10,539,553	1,345,700	14.6%
Administration	403,412	403,412	367,155	413,800	10,388	2.6%
Police	2,726,220	2,726,220	2,657,879	2,942,972	216,752	8.0%
Fire	1,269,221	1,269,221	1,251,461	1,572,167	302,946	23.9%
Special Services	211,659	211,659	231,962	213,386	1,727	.08%
Parks	190,000	213,750	218,750	220,550	6,800	3.2%
Fleet Mechanic	230,325	230,325	255,501	242,730	12,405	5.4%
Court	558,297	558,297	493,708	542,653	(15,644)	-2.8%
Facility Division	265,000	272,513	255,000	248,000	(24,513)	-9.0%
Civic Center	306,621	306,621	308,508	346,879	40,258	13.1%
Contract Services	1,121,950	1,257,533	1,321,573	1,183,983	(73,550)	-5.8%
Tech Support	388,500	388,500	404,145	395,900	7,400	1.9%
Public Works	789,830	789,830	763,584	858,164	68,334	8.7%
Animal control	184,051	184,051	211,402	221,671	37,620	20.4%
Code Enforcement	88,955	88,955	78,784	90,274	1,319	1.5%
Finance	390,191	390,191	360,363	406,996	16,805	4.3%
City Manager	220,264	220,264	220,640	230,015	9,751	4.4%
Pool	10,500	10,500	15,000	17,500	7,000	66.7%
Post Office	84,557	84,557	70,012	85,813	1,259	1.5%
Human Resources	131,000	131,000	131,000	132,000	1,000	.08%
Capital	<u>987,217</u>	<u>1,027,217</u>	<u>737,332</u>	<u>139,627</u>	<u>(887,590)</u>	<u>-86.4%</u>
Total Expenditures	10,557,770	10,764,616	10,353,759	10,505,083		
Ending Fund Balance	<u>3,995,054</u>	<u>3,788,208</u>	<u>4,617,368</u>	<u>4,651,838</u>		
Total Expenditures	9,570,553	9,737,399	9,616,427	10,365,456		
* Less Capital						
Ending Fund Balance* Less Capital	4,982,271	4,815,425	5,354,700	4,791,465		
Revenue over/(under) expenditures	-\$1,363,917	-\$1,570,763	-\$741,603	\$34,470		



**FY 23-24 % of
Operating
Expenditures
less Capital**

Projected Fund Balance year end FY 21-22* and FY 22-23	4,617,368	4,651,838	44.88
Restricted Fund Balance (25%, based on operating expenditures, APPROVED ON 09/20/2016	2,404,106.75	2,691,364	25.00
Unrestricted Fund Balance (FY Ending Fund Balance- (minus 25% Restricted Fund Balance	2,213,261	2,060,474	19.88
Total Fund Balance Year End	4,617,368	4,651,838	

City Charter . Article VI- Finance. Section 6.12 Reserved Fund

http://windcresttx.granicus.com/MediaPlayer.php?view_id=8&clip_id=1781

https://library.municode.com/tx/windcrest/codes/code_of_ordinances?nodeId=PTICH_ARTVIFI_S6.01FIDE

'Publication
expenditure

FY 22-23 **FY 23-24**

\$7,403 \$8,370.76

'Lobbying

\$0.00 \$0.00

(IA)

Audit FY 21-22

<https://www.windcrest-tx.gov/ArchiveCenter/ViewFile/Item/1862>



CITY OF WINDCREST
BALANCE SHEET – GOVERNMENTAL FUNDS
SEPTEMBER 30, 2023

	Major Funds		Other	Total
	General	Street	Nonmajor	Governmental
	Fund	Capital	Governmental	Governmental
		Projects	Funds	Funds
ASSETS				
Cash and Cash Equivalents	\$ 4,761,316	\$ 1,069,113	\$ 1,048,579	\$ 6,879,008
Investments	26,498	-	-	26,498
Receivables (net of allowances):				
Property Taxes	82,834	-	18,118	100,952
Sales Tax	973,043	193,554	-	1,166,597
Other	131,540	-	29,695	161,235
Due from Component Units	73,172	-	-	73,172
Prepaid Items	19,883	-	-	19,883
TOTAL ASSETS	\$ 6,068,286	\$ 1,262,667	\$ 1,096,392	\$ 8,427,345
LIABILITIES, DEFERRED INFLOWS OF RESOURCES AND FUND BALANCES				
<i>Liabilities:</i>				
Accounts Payable	\$ 786,084	\$ 45,017	\$ 9,286	\$ 840,387
Accrued Wages	194,471	-	-	194,471
Deposits	27,320	-	-	27,320
<i>Total Liabilities</i>	<u>1,007,875</u>	<u>45,017</u>	<u>9,286</u>	<u>1,062,178</u>
<i>Deferred Inflows of Resources:</i>				
Unavailable Property Tax Revenue	78,891	-	17,256	96,147
<i>Fund Balances:</i>				
Nonspendable:				
Prepaid Items	19,883	-	-	19,883
Restricted for:				
Debt Service	-	-	36,928	36,928
Municipal Court	-	-	109,939	109,939
Tourism Development	-	-	326,707	326,707
Public Safety	-	-	70,374	70,374
Public Education	-	-	83,977	83,977
Street Maintenance	-	1,217,650	441,925	1,659,575
Unassigned	4,961,637	-	-	4,961,637
<i>Total Fund Balances</i>	<u>4,981,520</u>	<u>1,217,650</u>	<u>1,069,850</u>	<u>7,269,020</u>
TOTAL LIABILITIES, DEFERRED INFLOWS OF RESOURCES AND FUND BALANCES	\$ 6,068,286	\$ 1,262,667	\$ 1,096,392	\$ 8,427,345

See accompanying notes to basic financial statements.